

**Aging Together Board of Directors**  
**Program, Planning, and Advocacy Committee Meeting**

Meeting on MS Teams - Notes for Friday, May 12, 2023

Attending: Butch Davies, Sallie Morgan, Ray Parks, Anna Rogers

ITEM	DISCUSSION	ACTION/FOLLOW-UP	WHO
1. Welcome	The Committee welcomed Sallie Morgan, representing the Rappahannock County Team.		
<p>2. County Teams</p> <p><i>Strategy: Encourage older adults to participate in County Teams.</i></p> <p><i>Strategy: Explore and expand the role of County Teams toward our vision for age-friendly communities.</i></p>	<ul style="list-style-type: none"> <li>○ Team updates/highlights               <ul style="list-style-type: none"> <li>○ Encouraging older adult participation</li> </ul> </li> <li>○ Current highlights – Rappahannock</li> <li>○ Thoughts about role of County Team, vis-a-vis Rapp-at-Home: Many intersections between the two, including Ready or Not Program (preparing for life transitions), annual EXPO, addressing healthcare gaps, technology, etc. Sallie is on the Board for R-A-H; interesting that initial exploration of the rural Village model (now with 560+ “friends”) started with AT.</li> </ul>	<ul style="list-style-type: none"> <li>○ Ongoing</li> <li>○ Monitor development of Rush River Commons and relocation of Rapp-at-Home offices</li> <li>○ Ongoing consideration of roles</li> </ul>	<p>Anna Sallie</p>

	<p>R-A-H has taken on some things formerly done through the County Team. Team has more providers represented. Discussion of RTC vans deployed.</p> <ul style="list-style-type: none"> <li>○ Take-aways from Community Conversation(s): <ul style="list-style-type: none"> <li>○ Rapp: Smaller one had good discussion about in-home care and access to technology. Mental health care was a topic at the senior center</li> <li>○ Overall, 9/10 completed. Ellen did a “super job” of facilitating.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>○ Survey results to follow</li> </ul>	<p>Ellen Anna</p>
<p><b>3. Public Awareness &amp; Advocacy</b></p> <p><i>Strategy: Support age friendly communities throughout the region through the gathering of information on existing models.</i></p> <p><i>Strategy: Explore workforce development issues and strategies for support.</i></p> <p><i>Strategy: Raise awareness of dementia.</i></p>	<ul style="list-style-type: none"> <li>● Establishing priority points; consolidating message <ul style="list-style-type: none"> <li>○ Dementia friendly community</li> <li>○ Workforce development issues (from presentation at Virginia Governors Conference on Aging)</li> <li>○ Local advocacy: Butch had contacts with Bryce Reeves, Creigh Deeds, and Greg Yates (Commonwealth Transp. Board).</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>○ No updates</li> <li>○ Raise awareness of implications for older adult workforce from shrinking younger population, shrinking labor pool, accelerating retirement rate, etc. Flexibilities, accommodations, and incentives needed to attract and retain older workers.</li> <li>○ Discussion/advocacy for MH issues and federal funding</li> </ul>	<p>Committee</p>

<p><i>Strategy: Work with advocacy group to address legislative issues related to aging.</i></p> <p><i>Strategy: Increase and support partner organizations through AT representation on boards, councils, and on-going meetings.</i></p> <p><i>Strategy: Promote positive aging.</i></p>	<ul style="list-style-type: none"> <li>○ Monitoring statewide issues</li> <li>○ Representation in other organizations</li> <li>● Update on any recent local contacts <ul style="list-style-type: none"> <li>○ BOS</li> <li>○ Promote programs</li> <li>○ Distribute Resource Guides</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>○ Monitor multiple turnover/retirements in General Assembly.</li> <li>○ Anna may need sub for next Public Transportation Board Meeting.</li> <li>○ No updates</li> <li>○ Ongoing</li> <li>○ Started with 5K; still in demand</li> </ul>	
<p><b>4. Programs</b></p> <p><i>Strategy: Serve as a catalyst to strengthen community-based supports that enhance choice and quality of life for older adults and care givers.</i></p> <p><i>Strategy: Connect older adults and caregivers to needed resources and information – including informational programs.</i></p>	<ul style="list-style-type: none"> <li>● Program initiatives for education, information, and linkage to resources <ul style="list-style-type: none"> <li>○ Regional Coalition meetings: Dementia program (recorded); participation remains consistent</li> <li>○ Volunteer driver recruitment</li> <li>○ NWD Updates <ul style="list-style-type: none"> <li>▪ VGCA Workshop</li> <li>▪ NWD Summit – Ray attended April 19</li> </ul> </li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>○ Monitor participation, ongoing</li> <li>○ New recruiter Bob training with RTC and VolTran Coordinator</li> <li>○ Prep for presentation at VGCA— "Closing the Gap: No Wrong Door" will highlight RRCS Mobile Outreach initiative to address social isolation and food insecurity as well as collaborative work on SDOH with Prince William AAA and DARS.</li> </ul>	<p>Ellen &amp; Staff</p> <p>Ray</p>

	<ul style="list-style-type: none"> <li>○ Upcoming events: 5/50 Watch Parties &amp; Dementia Education Conference</li> </ul>	<ul style="list-style-type: none"> <li>○ Prepare and promote</li> </ul>	
5. Other?	Committee membership--additional	No updates	
6. Adjourn	Next Meeting	Friday, July 14, 2023 at 2:00	