

**Aging Together Board of Directors**  
**Program, Planning, and Advocacy Committee Meeting**

Meeting Notes for November 3, 2023

Attending: Valerie Ward; Crystal Hale (Chair); Butch Davis; Anna Rogers; Ellen Phipps

ITEM	DISCUSSION	ACTION/FOLLOW-UP	WHO
1. Welcome			
<p>2. County Teams</p> <p><i>Strategy: Encourage older adults to participate in County Teams.</i></p> <p><i>Strategy: Explore and expand the role of County Teams toward our vision for age-friendly communities.</i></p>	<ul style="list-style-type: none"> <li>○ Team updates/highlights               <ul style="list-style-type: none"> <li>○ Encouraging older adult participation</li> <li>○ Current highlights – Anna provided a summary of Expos – total of 700 attendees; great team participation</li> </ul> </li> <li>○ Dementia Friendly Culpeper updates</li> <li>○ All Teams reviewd STATE PLAN ON AGING</li> <li>○ End of Life Planning conversations</li> <li>○ Retirement Planning discussion using Ready or Not Rapp program</li> </ul>	<ul style="list-style-type: none"> <li>○ Ongoing</li> </ul>	Anna

	<ul style="list-style-type: none"> <li>○ Disability Resource Center – new center in our region</li> <li>○ EMS – Tiffany Madison – integrated expanded</li> <li>○ New Caregiver Support Groups</li> <li>○ Open Enrollment for Medicare info from Encompass</li> <li>○ New Pilot transportation with Rapp through RTC</li> <li>○ Volunteer Driver Recruitment</li> <li>○ Real need for minor Home Repair</li> <li>○ TRIAD – Fauquier and Orange</li> <li>○ Need to re-energize teams – Madison Team as an example</li> </ul>	<p>Continue discussions with Tiffany</p> <p>On going</p> <p>Continue to discuss and brainstorm for home repair</p> <p>Continue to attend TRIAD meetings</p> <p>Encourage older adults to join teams; continue to address Madison Team growth or partnerships</p>	<p>Ellen Anna</p>
<p><b>3. Public Awareness &amp; Advocacy</b></p> <p><i>Strategy: Support age friendly communities throughout the region through the gathering of information on existing models.</i></p> <p><i>Strategy: Explore workforce development issues and strategies for support.</i></p> <p><i>Strategy: Raise awareness of dementia.</i></p>	<ul style="list-style-type: none"> <li>● Establishing priority points; consolidating message <ul style="list-style-type: none"> <li>○ Dementia friendly community</li> <li>○ Consider presentation from DARS on STATE PLAN</li> <li>○ Local advocacy: Butch had contacts Creigh Deeds</li> <li>○ Monitoring statewide issues</li> <li>○ Creigh Deeds spoke with Butch about health care CAN education – asking for double money not realistic</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>○ Expanding into Fauquier and Madison</li> <li>○ Invite DARS to region?</li> <li>○ Monitor multiple turnover/retirements in General Assembly.</li> </ul>	<p>Committee</p>

<p><i>Strategy: Work with advocacy group to address legislative issues related to aging.</i></p> <p><i>Strategy: Increase and support partner organizations through AT representation on boards, councils, and on-going meetings.</i></p> <p><i>Strategy: Promote positive aging.</i></p>	<p><b>Discussion regarding WORKFORCE DEVELOPMENT</b></p> <ul style="list-style-type: none"> <li>• CNA’s getting trained and then moving away</li> <li>• Hawaii Model</li> <li>• Deciding what to focus on</li> <li>• Good Will at Expo for job search</li>   <li>• Update on any recent local contacts <ul style="list-style-type: none"> <li>○ BOS</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Valerie suggested we take a look at the Claude Moore Foundation report on workforce research – paid internships, career jobs, some good work as been done</li> <li>• A meeting of the minds of all agencies??</li> <li>• Visit legislators</li> </ul>	<p>Ellen discuss with Ray</p>
<p><b>4. Programs</b></p> <p><i>Strategy: Serve as a catalyst to strengthen community-based supports that enhance choice and quality of life for older adults and care givers.</i></p> <p><i>Strategy: Connect older adults and caregivers to needed resources and information – including informational programs.</i></p>	<ul style="list-style-type: none"> <li>• Program initiatives for education, information, and linkage to resources <ul style="list-style-type: none"> <li>○ Regional Coalition meetings: Dementia program (recorded); participation remains consistent</li>   <li>○ Upcoming events: Dementia Education Conference</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>○ Monitor participation, ongoing</li>   <li>○ Prepare and promote</li> </ul>	<p>Ellen &amp; Staff</p> <p>Ray</p>
<p><b>5. Other?</b></p>		<p>No updates</p>	
<p><b>6. Adjourn</b></p>	<p>Next Meeting</p>	<p><b><i>JANUARY 12<sup>TH</sup> 3 PM - FRIDAY</i></b></p>	