**FAUQUIER TEAM – January 18, 2022 - zoom meeting minutes**

**MISSION OF AGING TOGETHER** – *AGING TOGETHER THROUGH PARTNERSHIPS CONNECTS PEOPLE TO COMMUNITIES AND TO RESOURCES TO IMPROVE QUALITY OF LIFE AS WE AGE.*

**VISION** – AGE FRIENDLY COMMUNITIES THAT ACTIVELY ENGAGE, VALUE AND SUPPORT OLDER ADULTS

**Team role/charter:** Forum for local organizations/individuals to focus on support for older residents and to address needs/solutions that go beyond what any one organization can do on its own

January re-cap (15 attended): Liesa Dodson (Harbor At Renaissance); Ginger D.; Margaret Rowe (Remington Drug); Poppy Fodrell (RRCS Area Aging); Sue Vantine (NoVa Cares); Vicky Thomas (Medicare Insurance Agent); Renee Norden (Mental Health Dept); Valerie Fraedrich (Heartland Hospice); Dawn Jeckell (Hearing Assessment); Barbara Stolhman (Overwhelmed How Can I Help); Shunika White (For Safety’s Sake); Melanie Shumate (SafeinHome); Julie Johnston, Ellen & Ginny (AT)

Discussion with Ellen Phipps, AT Director:

Julie Johnston was welcomed & introduced as the Community Outreach Assistant for Aging Together & the Regional Transportation Coalition. \*Transportation has expanded since last Community Conversation (CC). AT just hired a Driver Recruiter at 30 hours, as well as Julie.

AT will be conducting **Community Conversations** again this year, as per the BOD. The goal is that teams in each county will identify groups who are already meeting and take the CC to them. Suggestions include Young at Heart Club; Bealeton Library OWLS program, Senior Centers and all 55+ apartment complexes. AT will host CC at their meetings and see where gaps & services lack. AT may also host an open community meeting

In addition, the BOD would like to plan small **EXPO** events in 2 – 3 counties (on different days in Sept. / Oct.). This would include agency booth space and possible speakers (TBD). Suggested locations include: Jefferson Baptist Church on the Rappahannock line; The Wharf Aquatics Center; Fauquier Airport; Rapp-at-Home, however, team thinks it is too far & that Fauq citizens would not go to Rappahannock. Get Healthy Fauquier is an April 30 Health Fair at the United Methodist Church in Remington. Perhaps we can work together? Culpeper Christian Elementary school was suggested as a Culp location.

Lastly, AT is hoping to offer **5 Over 50 Watch Parties** in each county. Event will still be live on Facebook on May 19 from 4 - 6pm, however family & friends of honorees can gather if they wish; to watch it on a big screen. This will be free & AT will offer some refreshments. Each venue would be fairly small with masking & social distancing. Suggested locations include: PATH Foundation; Restaurants; Hospital room. \* Winners will be announced mid-February, so that may determine possible locations as well. *\* Sponsorship Opportunities are now available.*

Member Updates: - NoVA Cares (Sue V.) is a Patient Advocate and also runs a non-profit called Dementia Matters. They offer a 3 hour training class to learn techniques. Flyer will be sent to Ginny.

-Overwhelmed How Can I Help (Barbara S.) is a Move Manager. She is involved with starting a new National Aging in Place Council chapter (NAIPC) in NoVa. Ellen would like them to speak at a regional meeting once they are ready.

- Area Agency on Aging offers home delivered meals for 60+, free Medicare unbiased counseling and runs the 5 county Senior Centers. Fauquier SC is closed until Jan. 20.

-Fauquier Mental Health is offering a 1st Aid Class at the Culpeper Baptist Church on Feb. 8 and is available to do other presentations. They partner with the VA Cooperative Extension.

-SafeinHome works with individuals with intellectual disabilities and works with Medicare & RRCS referrals (mostly from older parents who need a plan for their child).

-The Harbor at The Renaissance, Green County, has beds available for memory care & assisted living. Liesa hosted a Dementia Friends webinar for AT recently. It was well attended.

- For Safety’s Sake offers Occupational & Caregiving programs. They are a Medicare & waiver provider. Shunika is doing visits throughout the State. \*\*\* Next team meeting: **Tuesday, February 15 @ 9:30am** \*\*\*