**FAUQUIER TEAM – February 15, 2022 - zoom meeting minutes**

**MISSION OF AGING TOGETHER** – *AGING TOGETHER THROUGH PARTNERSHIPS CONNECTS PEOPLE TO COMMUNITIES AND TO RESOURCES TO IMPROVE QUALITY OF LIFE AS WE AGE.*

**VISION** – AGE FRIENDLY COMMUNITIES THAT ACTIVELY ENGAGE, VALUE AND SUPPORT OLDER ADULTS

**Team role/charter:** Forum for local organizations/individuals to focus on support for older residents and to address needs/solutions that go beyond what any one organization can do on its own

February re-cap (19 attended): Mark & Stacey Harvey, First Light Home Care; Sophia Cameron, Villas @ Suffield Meadows; Ann Young & Nicole Largent, Capital Caring; Liesa Dodson (Harbor At Renaissance); Poppy Foddrell (RRCS Area Aging); Rachael Pierce, Senior Center; Dr. Ethel Bouthuel, Consultant; Vicky Thomas (Medicare Insurance Agent); Renee Norden (Mental Health Dept); Dawn Jeckell (Hearing Assessment); Ursula Garcia-Mayes, Cornerstone Cares; Barbara Stolhman (Overwhelmed How Can I Help); Melanie Shumate (SafeinHome); Marianne Boston, Young At Heart; Jennifer Morrison, Hospice Support; Sarah Gillespie & Ginny Biggs (AT)

Member Updates:

- First Light Homecare is staying very busy! Stacey updated on the Fauquier Triad program, which has been on hold for several months now. Triad is a partnership with Law Enforcement, Seniors & the Community – to offer educational programs on Safety for Seniors. Stacey, President, hopes to meet with the planning committee (SALT Council) soon to discuss moving ahead with monthly programs, which were held at the Senior Center. Please let her know if you’d like to participate. Ginny will send Stacey contacts from other county Triad programs for ideas. No longer have a contact with the Attorney General’s office.

-The Villa @ Suffield Meadows has started up a new Alzheimer’s/Dementia Support Group, which is held online every 4th Wednesday of the month @ 4pm. Call 540-316-3800 to register.

- Next Dementia Friends webinar is April 12 @ noon. Register at [www.agingtogether.org](http://www.agingtogether.org). The Piedmont Dementia Education Committee is also working on another conference for October. The all day event will highlight Guests Speakers and a panel.

- Cornerstone Cares hosted their first Caregiver Café, which was a success. The next program is March 19. Call 540-497-1208 to register.

- Ann Young & Nicole Largent introduced themselves and represent Capital Caring

- Please let Sarah Gillespie know if you are interested or have questions on becoming a volunteer driver. Recruitment flyers can be found on the AT facebook page & website.

- Overwhelmed How Can I Help (Barbara S.) is a Move Manager. She is involved with starting a new National Aging in Place Council chapter (NAIPC) in NoVa.

- SafeinHome works with individuals with intellectual disabilities and works with Medicare & RRCS referrals (mostly from older parents who need a plan for their child).

- Area Agency on Aging offers home delivered meals for 60+, free Medicare unbiased counseling and runs the 5 county Senior Centers. Fauquier SC is closed until Jan. 20.

- Fauquier Senior Center is open with no restrictions but must be vaccinated. \* Speakers & fun activities are always needed.

- Fauquier Mental Health is offering their 1st Aid Class at Rapp-at-Home and is available to do other presentations.

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- Hearing Assessment has a pre-screener to look for early dementia signs, which may cause a fall risk. Loss of hearing can increase your risk for dementia.

- Hospice Support on 5th St. has a free Loan Closet with incontinence supplies & medical equipment, etc.

- Young at Heart is starting to meet again and plan activities & trips. They have 16 – 20 people compared to 70 pre-pandemic. Next meeting is end of March.

AT Updates:

**5 Over 50** will be live on Facebook on May 19 from 4 - 6pm. Team members, family & friends of honorees will be invited to gather together for an in-person “**Watch Party”** in each county. This will be a free event & AT will offer some refreshments. Suggested Fauquier locations include: Altered Suds; The Gathering Place; The Odd Fellows Hall and the Senior Center *\* Winners will be announced mid-February, so that may determine possible locations as well. \* 5 Over 50 Sponsorship Opportunities are also listed on the website.*

April 12 = Dementia Friends at noon. Register on AT website

April 21st = UVA Neurologist “What’s Normal / What’s Not” hosted by the Piedmont Dementia Education Committee.

Aging Together is creating a new “Access Page” for team members on the AT website. \* Active members will be given a password and will find minutes, detailed updates on events i.e. 5 Over 50 / mini fall EXPO’s / Community Conversations, as well as active team member contacts, etc.

Ginny announced that she is retiring on April 21. Be sure to join the March 13 meeting to meet Anna Rogers, her replacement.

\*\*\* Next team meeting: **Tuesday, March 13 @ 9:30am** \*\*\*