



# DEMENTIA FRIENDS INFO SESSION

1 Hour Session - Enjoy your lunch and  
become a Dementia Friend!

**This event is for everyone!**

**When:**

**Tuesday, April 11, 2023  
12:00pm - 1:00pm**

**Where:**

**Zoom Webinar**

**To Register:**

<https://www.agingtogether.org/upcoming-programs.html>

([www.agingtogether.org](http://www.agingtogether.org) and go to Programs tab)

You will receive a Zoom link for the session in a response email when you register. Please check your email!

**This event is free.**

Offered in partnership with  
The Piedmont Dementia Education Committee,  
Leading Age and Dementia Friends Virginia.

## Join a Movement!

[Dementia Friends](#) is a growing movement that started in the United Kingdom. It was developed with the goal of creating awareness in communities about what dementia is, the many ways it is manifested, and how people can respond and help when they encounter someone who seems confused.

A [Dementia Friend](#) can be a merchant, customer service rep, restaurant staff, law enforcement officer, service providers in any industry, coworkers, peers, friends, or anyone in the community. One does not need to have any medical background or any association with dementia to become a Dementia Friend. All they need is the desire to help and make a difference, which is powerful for those living with any dementia related disease.

Aging Together is encouraging everyone to become a [Dementia Friend](#) simply by attending one free informal session where they will learn tips on how to identify and help someone with dementia.

