



BUILDING HOPE FOR THE CAREGIVER ANNUAL DEMENTIA EDUCATION CONFERENCE

October 20, 2022

Wayland Bluer Ridge Baptist Center

Brought to you by the Piedmont Dementia Education Committee

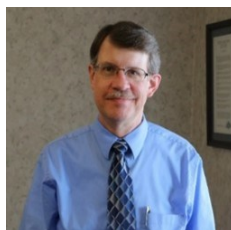


PRESENTERS



LORETTA VENEY - KEYNOTE SPEAKER

Loretta Woodward Veney is an inspirational speaker who has delivered more than 325 speeches and presentations on dementia and caregiving since 2014, offering a wealth of information, encouragement, and humor to her audiences. Loretta is the author of **Being My Mom's Mom, Refreshment for the Caregiver's Spirit, and Colors Flowing from My Mind**. In 2006 after her beloved mother Doris was diagnosed with dementia, Loretta began learning everything she could about the disease becoming a fierce advocate for her Mom in the process. Loretta and her Mom have been featured in articles in the Wall Street Journal, Psychology Today, The Washington Post, The NY Times, AARP Caregiver Stories, as well as a PBS special. In 2019, Loretta was selected as Trailblazer of the Year by Johns Hopkins Medicine. In 2020 Loretta was appointed to the UsAgainstAlzheimer's Center for Brain Health Equity Advisory Board and has also served as a co-moderator for the UsAgainstAlzheimer's Facebook Support Group since 2013. November 2021 Loretta and her Mom were featured in Episode 6 of Season Four of Robin Roberts Thrive Thursday series, which previewed on Good Morning America during National Caregivers Month. Loretta's Wonder Woman Mom's 16-year journey ended on January 31, 2022.



RAYMOND D. (Ray) PARKS - Director of Aging & Program Support Services, RRCS

Ray has worked in aging services for sixteen years. Before that, he spent eighteen years managing psychiatric rehabilitation clubhouse programs for RRCS and, formerly, Community Services Board. In February, 2006 he was promoted to Senior Management within RRCS and currently holds the title of Director of Aging and Program Support Services. This agency is unique in Virginia as the only combined Area Agency on Aging and Community Services Board. Ray holds a BA Degree from Hampden-Sydney College. He has served on the Board of the Virginia Psychiatric Rehabilitation Association as well as the Executive Committee of The Virginia Association of Area Agencies on Aging. He is currently Vice Chair for the Aging Together, Inc. Board of Directors.



SUSAN WALTERS, RN, QMHP-A - RRCS

Susi has been a Registered Nurse for over 30 years with a focused background in ER/Trauma and Home Health nursing care. She has been with RRCS for the last 5 years providing administration, oversight and support for Health and Caregiver Support Services programs that have included Adult Day Services, Care Transitions, Chronic Disease Self-Management and, most recently, Healthy IDEAS. Mobile Outreach program development will be an additional feature of Susi's Department in the near future.



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MICHELLE LINDSEY, NRP / Healthy IDEAS Program Coordinator/RRCS

Michelle has been with RRCS for 11 years. During that timeframe she has held several positions within the Agency which has enabled her to gain an abundance of experience in different but interconnected settings within RRCS' AAA and CSB. She has functioned as a Direct Support Professional for the DD/IDD population within the Group Home setting, Counselor for the YACC Program, Health Coach for Care Transitions and her latest position as the Healthy IDEAS Program Coordinator. Michelle is a Paramedic and is a member of the Culpeper County Volunteer Rescue Squad.



DR. PAUL ARAVICH - Professor, Eastern Virginia Medical School

Dr. Aravich received his Ph.D. from City University of New York. He is Professor of Pathology/Anatomy, Geriatrics and PM&R at Eastern Virginia Medical School. He is also a Fellow in the Department of Neurology and Research Associate in the Department of Neurobiology and Anatomy, University of Rochester School of Medicine and Dentistry.

He was the winner of one of the highest awards for medical education in the US and Canada as well as the winner of Virginia's highest faculty award for excellence in teaching, research and service.

His professional involvement and accolades include:

- Four current and past Virginia Gubernatorial programs/appointments including:
 - Governor's Conference on Aging, Steering Committee.
 - Governor's Challenge to Prevent Suicide Among Service Members, Veterans and Their Families in Virginia.
 - Governor's COVID-19 LTCF Task Force and head of its Behavioral Wellness/Crisis Intervention Work Group.
 - Gubernatorial appointee representing Virginia NAMI and eventual head, Virginia Public Guardian and Conservator Advisory Board.
- Five Gubernatorial citations for contributions to the Virginia Governor's Schools for Science and Technology, and for contributions to the Virginia Public Guardian and Conservator Advisory Board.
- Former Head of the Virginia Brain Injury Council and of its first Statewide position paper on challenging behaviors caused by brain injury.
- Former ABC News consultant on breaking Alzheimer's disease research.
- Invited Member of the Statewide Dementia Services Work Group for inappropriate placement of persons with dementia in State psychiatric facilities.
- Advisory Committee, Virginia Center on Aging at VCU.
- Invited Capitol Hill presentations on the epidemic of fatal behavioral and neurological disorders to programs sponsored by various Congressional Caucuses.
- First ever TEDx NASA talk.
- Headed a "Brain Awareness" public outreach effort determined as one of the top three in the world.



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**SHANNON E. REILLY, PhD - Assistant Professor, Department of Neurology,
University of Virginia Health System**

Shannon earned her doctorate degree in clinical psychology from the University of Virginia after completing her clinical internship at West Virginia University in the Department of Behavioral Medicine and Psychiatry. She is currently a second-year postdoctoral fellow in Clinical Neuropsychology at UVA Health in the Department of Neurology, as well as a Virginia Alzheimer's Disease Center (VADC) postdoctoral scholar. Clinically, she works at UVA Health's Memory and Aging Care Clinic (MACC), primarily conducting neuropsychological evaluations and clinical interventions with individuals with mild cognitive impairment (MCI) and dementia of various etiologies. Dr. Reilly's research focuses on dementia caregiver science and risk and protective factors for neurodegenerative conditions.



JAYNE SEYMOUR

Jayne has made health and wellness her primary professional focus for almost 40 years. Over these years, Jayne has spent time working in the local school system, group exercise classes, multiple Continuing Care Retirement Communities, and our local hospital. During this time Jayne earned her Certifications as a Nursing Assistant, Fitness Specialist, Senior Fitness Specialist and now Dementia Trainer. Outside of Jayne's credentials, her passion, calling and energy for helping families, caregivers, and anyone else affected by Dementia is truly refreshing.



STACEY HARVEY

Stacey Harvey is owner of FirstLight Home Care Warrenton which opened in 2016. She is a Community Case Manager, Certified Dementia Practitioner and a Certified Senior Advisor. Her passion is caring for seniors which includes educating clients, caregivers and the community on aging in place gracefully.

(We appreciate the contribution of Stacey and First Light Home Care to the sponsorship of this conference.)

