

Creating Engagement Using TimeSlips

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Creativity: Adding something New to the World that has value (Gene Cohen)

SHIFT FROM THE EXPECTATION OF
MEMORY

to shared imagination and experience

PEOPLE LIVING WITH DEMENTIA ARE
CAPABLE OF GROWTH, LEARNING,
AND SHARING

EVERYONE HAS THE
CAPACITY TO BE CREATIVE

*Creating and sharing
stories are of equal value*

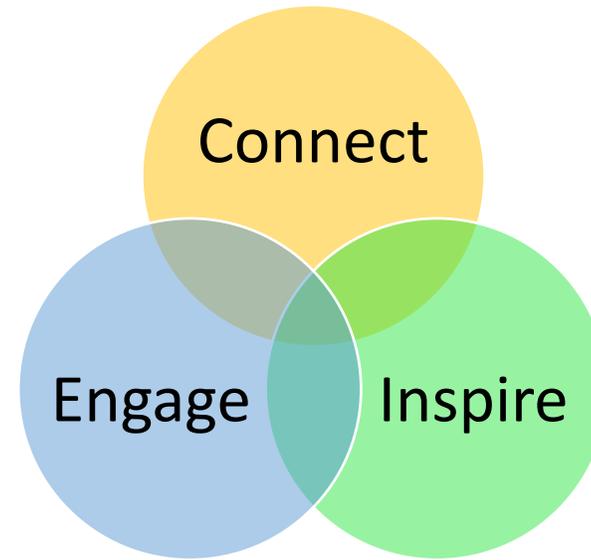
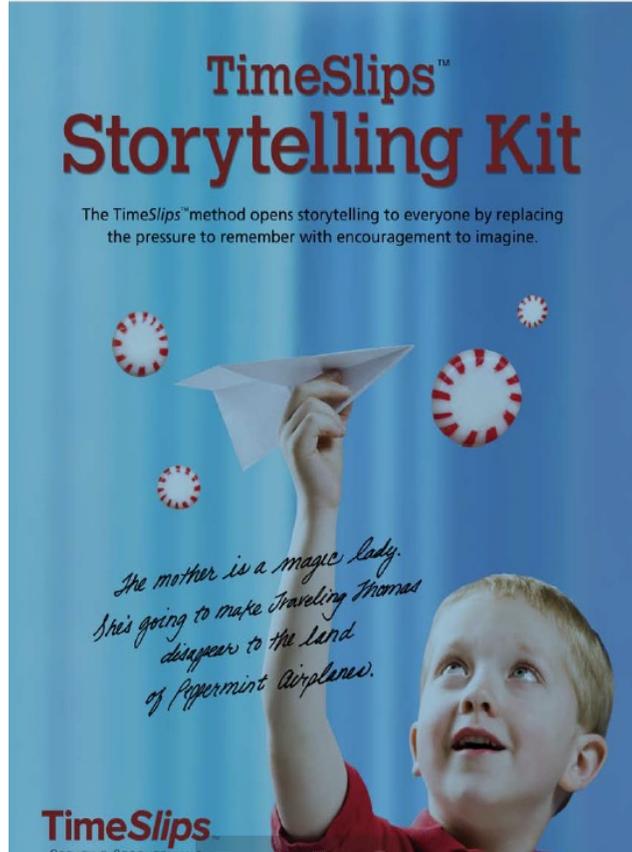
THERE ARE NO
WRONG
ANSWERS

PEOPLE NEED SOCIAL
ROLES TO EXPRESS
WHO THEY ARE



TimeSlips (<https://www.timeslips.org>) is an award-winning, non-pharmacological, creative storytelling intervention designed for individuals living with dementia by MacArthur Genius Grant Recipient Anne Basting.

BENEFITS OF TIMESLIPS



- Quality of life can be enhanced by changing attitudes and building connections
- Allows participants to engage with the intervention without being burdened by the need to remember

CORE VALUES OF TIMESLIPS

The core values of TimeSlips embody person-centered techniques.



Core Concept: Beautiful Questions

- To ask a Beautiful Question is to invite another person into wonderment. A Beautiful Question opens a shared path of discovery, by asking an open-ended question with no right or wrong answers.
- Beautiful Questions can be used to:
 - Spark conversation in person or by phone
 - Serve as writing prompts for pen pal relationships
 - Bring a little joy and personal touch to daily interactions such as meal deliveries, scripted wellness checks, or transition times from one location to another
 - Inspire further art or creative projects

Sample Beautiful Questions

- What is the most beautiful sound in the world?
- What smells make you happy?
- What gift would you give to the next generation?
- What are the sounds of childhood?
- If you could have a superpower, what would it be?





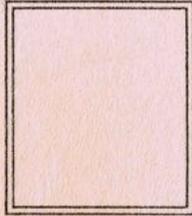
Postcards

POST CARD

MADE IN U.S.A.

FOR CORRESPONDENCE

FOR ADDRESS ONLY



Hello!
Whenever I feel sad, I love
to listen to music. What
song makes you feel happy
every time you listen to it?

- Ashly
George Mason BSW student

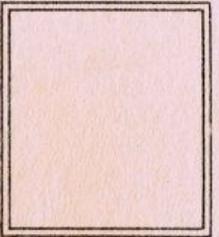
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POST CARD

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SERIES 967 A

Hello!
I'd like to share my favorite quote from
Winnie the Pooh with you:
"You are braver than you believe, stronger
than you seem, smarter than you think and
loved more than you'll ever know"

I leave you with this beautiful question –
when do you truly feel at home?

Sending you a socially distant hug,
Lucero, George Mason BSW student

TeleStories

Tele-Stories Sample

- <https://soundcloud.com/tscreativecare/tele-stories-promo>





The Library of Congress

What do you want to say is happening here?

Where do you want to say this takes place?

When?

What sounds do you hear in the story?

What smells?

What do you want to name them?

What are they feeling?

How do they know each other?

Write your story here.

Here we have two people who are dancing and the band is playing music in the background. The two people are dancing calypso in this recreation on a Saturday afternoon. The man, Steven, is dancing with his grandmother, Ethel, and he is teaching her how to dance - they do this every Saturday. The band has been playing every week and they love to play some music.

Steven learned how to dance in a school because he is a professional dancer.

The people in the background and two little boys are there and the grandma learned how to dance.

Fun note: Faye also

A Legacy Gift



Let's Create a Story!



An Invasion of Joy

By: The Positive Approach to Dementia Care Virtual Conference Participants

This is an old post office box. You are probably too young to remember. They did not have those wires on top. A skyscraper. It is in the middle of the day. It is yesterday and cloudy. There are VERY big lady bugs on the building. It is a ladybug takeover! Is anyone in the building? Could be. I am seeing reflections. If there are mailboxes they are filled with mail or it is a holiday. The lady bugs could be bumper cars. Aren't there people in bumper cars? Are we on the right track at all? I don't think it is a building; I think it is a vent. Is this a new kind of elevator. Interesting? That is cool. The ladybugs feel free. Do they have dementia? Ladybug, ladybug, fly away home. If they are truly ladybugs they can fly off. If they are on a track they may feel stuck. I hear a clock ticking. I think you can hear the sound of them moving up and down. What is that sound...woosh! They are singing we got high hopes! I think there are more ladybugs. They are below or to the left. There are tons more. Inside and out! An invasion will happen next. They have a purpose to bring joy. A whole fleet of invasion – an invasion of joy!

