



## **INFORMATIONAL WEBINAR**

### **Activities for Older Adults**

### **Staying at Home**

This webinar is offered to older adults, caregivers & members of the general public.

#### **When:**

**September 24th, 2020**  
**10:00am**

#### **Where:**

**Zoom Viewing**

#### **To Register:**

Email [ephipps@agingtogether.org](mailto:ephipps@agingtogether.org)

Or call 540-829-6405

You will receive an email with Zoom link information specific to this program. Please check your email after you have contacted Aging Together to register.

#### **This Event is Free.**

In partnership with  
Culpeper Baptist Church



## **Our Presenter:**

**Amy Kaval, OTR/L**



Ms. Kaval graduated from Eastern Michigan University with a Bachelor of Science degree in Occupational Therapy and Family & Children Specialty Certificate.

She currently is the Rehab Clinical Leader at The Culpeper where she has worked for 10 years.

The majority of her career has been spent with the geriatric population in home health, nursing homes, and assisted living environments.

She will share tips and ideas for activities older adults can do while staying at home during the pandemic.