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FOR IMMEDIATE RELEASE

Aging Together receives funds for additional printing of resource guide

The first-ever **Regional Resource Guide for Older Adults** published by Aging Together was in such high demand that the entire number of 5000 copies printed in May, with help from the PATH Foundation, have been distributed. Thanks to additional funding help from Culpeper Wellness Center more hard copies will be available soon.

We were not expecting to go through so many of these books in such a short time, says Ellen Phipps, Aging Together's Executive Director. "This just underscores the relevance in our region for such a resource." Though hard copies are more helpful to some, Phipps puts the reminder out that the Resource Guide is available to view on Aging Together's website, and one is also able to download the pdf version (www.agingtogether.org). "This is also a good time to remind everyone that this will be updated annually so if anyone needs a higher volume it's good to let us know any time for next year's calculations," she adds.

The book is a 96-page guide of resources, information and wisdom geared to helping older adults, caregivers, and family members in the PD9 region, or Culpeper, Fauquier, Madison, Orange & Rappahannock Counties. It is free. It contains useful information pertaining to healthcare, caregiver support, food and housing, long term care facilities, transportation, safety, and lifestyle ideas, among other resources. It also includes a Spanish section.

For more information contact Aging Together at 540-829-6405 or info@agingtogether.org.

(photo follows)

The mission of Aging Together is, through partnerships, to connect people to communities and resources to improve quality of life as we age. Aging Together serves the counties of Culpeper, Fauquier, Orange, Madison and Rappahannock.

www.agingtogether.org

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Regional Resource Guide for **OLDER ADULTS**

2021
free



Culpeper, Fauquier, Madison, Orange
& Rappahannock Counties, VA