



COMMUNITY RESPONSE TO COVID-19 / RESOURCE LIST

Local & Regional Resources for Older Adults in Planning District 9
Culpeper, Fauquier, Madison, Orange, Rappahannock Counties.

This list is in alphabetical order. All info is subject to change. *Latest update: 4/15/2020*

AARP	For information on COVID-19 & legislative alerts	www.aarp.org	
AARP COMMUNITY CONNECTIONS	For Mutual Aid Groups that help connect volunteers with people who need help.	https://aarpcommunityconnections.org/	
ABUSE / NEGLECT	DEPARTMENTS OF SOCIAL SERVICES In each county	Culpeper Fauquier Madison Orange Rappahannock	540-727-0372 540-422-8400 540-948-5521 540-672-1155 540-675-3313
ACTIVITIES	AGING TOGETHER website LOWLINC (Lake of The Woods) See "Things to Do" on home page ORANGE COUNTY PARKS & RECREATION	www.agingtogether.org https://lowlinc.clubexpress.com/ https://www.orangecountyva.gov/873/Home-Activities	
AGING TOGETHER	Connecting people to resources & information.	www.agingtogether.org	540-829-6405
ALZHEIMER'S ASSOCIATION	For Caregiver support & information on dementia Community Resource finder on Alzheimer's website - for programs, housing & community resources	www.alz.org www.communityresourcefinder.org/	800-272-3900
AREA AGENCY ON AGING RAPPAHANNOCK RAPIDAN COMMUNITY SERVICES (RRCS)	Information on meals, programs, Senior Centers, Transportation & other services for older adults	www.rrcsb.org <u>Culpeper</u> : Hannah Botocario <u>Fauquier</u> : Poppy Foddrell (Poppy is also the Medicare expert) <u>Madison</u> : Toni Browning <u>Orange</u> : Jennifer Zamora <u>Rappahannock</u> : Kathi Walker (Kathi is also the Long Term Care Ombudsman)	540-825-3100 X3467 X3427 X3471 X3450 X3416

ASSISTED LIVING	Alzheimer’s Association Community Resource Finder. For a list of facilities click on “Housing Options” to find by zip code. DSS (VA Dept. of Social Services) website	https:// www.communityresourcefinder .org/ https://www.dss.virginia.gov/ facility/search/alf.cgi	
BLIND OR VISUALLY IMPAIRED	DEPARTMENT FOR THE BLIND & VISUALLY IMPAIRED	https://www.vdbvi.org/	(804) 371-3151 (800) 622-2155
CAREGIVING	Helpful websites (educational information, resources, services)	www.agingtogether.org www.alz.org/cwva www.caregiver.com www.caregiving.com www.communityresourcefinder .org/ www.cornerstoneva.org/ caregivers www.seniornavigator.org www.caregiverstress.com www.medicare.gov	
COVID-19 INFORMATION Credible and up-to-date Information	State of Virginia CDC (Centers for Disease Control & Prevention) VA HEALTH DEPARTMENT WORLD HEALTH ORGANIZATION	www.virginia.gov/coronavirus- updates/ https://www.cdc.gov/ coronavirus/2019-ncov/ index.html http://www.vdh.virginia.gov/ rappahannock-rapidan/ https://www.who.int/	540-316-6280
COVID-19 TESTING	MADISON FREE CLINIC (Drive-up service. Must be pre- screened and referred by a free clinic provider.)	https://madisonfreeclinic.org/ or email: ren@madisonfreeclinic.org	540-948-3667
DEAF & HEARING IMPAIRED	DISABILITY RESOURCE CENTER		540-373-5890 (CAPTEL)
DENTAL CARE	PIEDMONT REGIONAL DENTAL CLINIC (Care for uninsured / underinsured for all ages in Orange County)	https://www.vaprdc.org/	540-661-0008

DEPARTMENTS OF SOCIAL SERVICES (DSS)	Information on benefits, Adult Protective Services, meals, housing & more	Culpeper Fauquier Madison Orange Rappahannock	540-727-0372 540-422-8400 540-948-5521 540-672-1155 540-675-3313
	<p>Also Under Culpeper DSS:</p> <p>Culpeper First Call for Help - provides emergency food assistance & resources for Culpeper residents; M-F, 9-5pm / 540-229-3816</p> <p>Sam's Place - (food closet & firewood) / 540-727-1055, press 0</p>		
DISABILITY RESOURCE CENTER	Provides durable medical equipment	www.cildrc.org	540-373-2559
FOOD For local food pantries & distribution sites	DEPARTMENTS OF SOCIAL SERVICES (DSS)	Culpeper Fauquier Madison Orange Rappahannock	540-727-0372 540-422-8400 540-948-5521 540-672-1155 540-675-3313
	RAPPAHANNOCK RAPIDAN COMMUNITY SERVICES (RRCs)	www.rrcsb.org <u>Culpeper</u> : Hannah Botocario X3467 <u>Fauquier</u> : Poppy Foddrell (Poppy is also the Medicare expert) X3427 <u>Madison</u> : Toni Browning X3471 <u>Orange</u> : Jennifer Zamora X3450 <u>Rappahannock</u> : Kathi Walker (Kathi is also the Long Term Care Ombudsman) X3416	540-825-3100
	FAUQUIER COUNTY - COMMUNITY TOUCH FOOD PANTRY	https://www.communitytouchinc.org/	540-439-9300
	BLUE RIDGE AREA FOOD BANK	https://www.brafb.org/find-help/pantry-locator/	
	SALVATION ARMY - CULPEPER OFFICE		540-321-4859
	AGING TOGETHER	www.agingtogether.org	

SAM'S PLACE	Food Closet & Firewood for Culpeper residents		540-727-1055 press 0
SENIOR CENTERS	Senior Centers are closed but are offering varied services to their members. Contact them for more information.	Culpeper (Gladys Williams) Fauquier (Rachel Pierce) Madison (Shirley Workman) Orange (Alyssa McRae) Rappahannock (Darcy Canton)	540-825-5778 540-347-7729 540-948-4131 540-672-5926 540-987-3638
SOCIAL SECURITY		https://www.ssa.gov/	
TRANSPORTATION	FAMS ONE CALL CENTER (central hub for local transportation)		540-829-5300
VETERANS	VETERANS CRISIS HOTLINE Or VETERANS SERVICES OPERATION FIRST RESPONSE (Serve Active Duty Service Members and Disabled Veterans with emergency financial aid. They have opened their scope during the COVID-19 pandemic to assist local First Responders and elderly.)	https://www.operationfirstresponse.org/	800-273-8255 Press 1 703-630-2810 888-289-0280
VOLUNTEER OPPORTUNITIES	AARP PATH VOLUNTEER HUB (If you looking for ways to help during the COVID-19 pandemic...For example, reaching out to isolated adults through technology, letter writing, etc. Or - sewing masks, making phone calls, or more.	www.aarp.org https://www.letsvolunteer.org/	