



**Culpeper, Fauquier, Madison, Orange Rappahannock Counties, VA**

November 18, 2022

Dear Friend,

Thanks to support from people like you Aging Together has made an impact during the past year in our five-county region for:

- older adults who would like to remain at home as long as possible
- older adults who are determined to remain relevant, energetic, valued, and socially active
- family caregivers who support loved ones facing challenges of health and dementia
- professional caregivers seeking resources and educational opportunities
- partners seeking collaboration and shared resources to improve services

That result in numbers includes:

- **17** robotic companion pets that were donated to long term care facilities
- **77** people who became a Dementia Friend by attending a 1-hour session
- **126** people who connected on Aging Together's information line or sought help through email
- **511** who attended free educational and support programs
- **870** who learned about the mission of Aging Together at community events and health fairs
- **998** who participated in Aging Together's County Team meetings throughout the year to determine services and resources in support of older adults
- **1508** who received free rides in partnership with the Regional Transportation Collaborative

In addition, thousands of copies of the first Regional Resource Guide for Older Adults were distributed throughout the region. And in recognition of the contributions older adults make in our region, hundreds of people came out to 5 Over 50 watch parties in May to celebrate one highly impactful person over the age of 50 in each of our counties.

Each year, we strive to reach more people, especially those who are socially isolated as the population of older adults in our region increases. But we do need help. We approach our audience once a year with our annual appeal and ask for your financial support when you are considering your end-of-year donations (use the enclosed return envelope or use your credit card on the Aging Together website donate page). If we've learned anything since the start of the COVID-19 pandemic, it's that when we work together and build on strong partnerships, we have amazing impact. On behalf of our Staff and Board of Directors, we appreciate your consideration and wish you and yours well during the holiday season.

Sincerely,

Ellen Phipps, Executive Director

Lisa Peacock, Board Chair

Aging Together is a 501(C)3 charitable organization and all donations are tax deductible to the extent permitted by law.

*(If you need help finding activities for those who are socially isolated this season, please check our website.)*