

SENIOR RESOURCES

CULPEPER, FAUQUIER, MADISON, ORANGE & RAPPAHANNOCK COUNTIES

RAPPAHANNOCK LEGAL SERVICES **www.rapplegal.com** **540- 825-3132**

Provides free legal assistance to low income individuals and families. Practice limited to civil matters.

Types of cases handled:

Consumer Problems

- ◆ Sales
- ◆ Contracts
- ◆ Bankruptcies

Administrative Matters

- ◆ Social Security
- ◆ SSI benefits
- ◆ Unemployment claims
- ◆ Health law issues

Housing Problems

- ◆ Landlord-tenant
- ◆ Subsidized housing
- ◆ Foreclosures
- ◆ Housing discrimination

Domestic Concerns

- ◆ Child support
- ◆ Custody
- ◆ Spousal abuse

CLERK OF THE COURT **Culpeper 540-727-3438** **Fauquier 540-347-8610** **Madison 540-948-6888** **Orange 540-672-4030** **Rappahannock 540-675-5350**

Handles administrative matters for the court with authority to probate wills, grant administration of estates, and appoint guardians. Custodian of court records and the office where deeds are recorded and marriage licenses issued.

RAPPAHANNOCK RAPIDAN COMMUNITY SERVICES BOARD/ AREA AGENCY ON AGING **www.rrcsb.org** **540-825-3100**

- ◆ **Senior Advocacy:** Care coordination services to persons age 60 and over.
- ◆ **Long Term Care Ombudsman:** Advocates for older residents of long term care facilities or receiving community-based services.
- ◆ **Adult Day Healthcare (ADHC)** in Culpeper and Warrenton: Care and enjoyable activities for frail adults.
- ◆ **Home Delivered Meals**
- ◆ **Personal Care Services:** In home personal and health support services.
- ◆ **Protective Money Management:** Trained volunteer assist older adults having difficulty managing money.
- ◆ **Medication Assistance Program** Help accessing free medications through pharmaceutical companies.
- ◆ **Personal Assistance:** In-home assistance and health-related support or frail older or physically disabled individuals.
- ◆ **Respite Care:** Intermittent, part-time care providing relief to family caregivers.
- ◆ **RSVP:** Retired & Senior Volunteer Program places volunteers with non profit organizations.
- ◆ **Senior Centers:** Nutritious meals and educational/social activities.
- ◆ **Transportation:** Provided in many areas to the agency's programs. Volunteer transportation available in some instances.

SOCIAL SECURITY ADMINISTRATION

Culpeper Office: 540-825-5781
**Serves Culpeper, Fauquier,
Madison and Rappahannock
Counties**

**For Orange County contact
Charlottesville Office**
866- 613-3959

National Toll Free Number:
1-800-772-1213

Individuals may apply to the Social Security Administration for the benefits indicated below:

Benefit Programs

Social Security

- ◆ Monthly cash benefits to retired or disabled workers or qualified spouses, children, parents, widows or widowers of retired or disabled workers.
- ◆ The individual's full retirement age (and eligibility for full benefits) is determined by date of birth.

Supplemental Security Income

Monthly payments to individuals with low income and few resources who are

- ◆ Age 65 or older;
- ◆ Blind or disabled.

Medicare

Federal health insurance program for:

- ◆ People 65 years of age and older.
- ◆ Some people with disabilities under age 65.
- ◆ People with End-Stage Renal Disease (permanent kidney failure requiring dialysis or a transplant).

Different Parts of Medicare

- ◆ Part A: Hospital insurance
- ◆ Part B: Medical insurance
- ◆ Part C: Medicare Advantage plans
- ◆ Part D: Prescription Drug Coverage

To apply online:

<http://www.socialsecurity.gov>

SENIOR RESOURCES

CULPEPER, FAUQUIER, MADISON, ORANGE & RAPPAHANNOCK COUNTIES

COUNTY DEPARTMENTS OF SOCIAL SERVICES

Culpeper: 540-727-0372

Fauquier: 540-347-2316

Madison: 540-948-5521

Orange: 540-672-1155

Rappahannock: 540-675-3313

Adult Services

Provide information and referral, case management, assessment and direct services to citizens with or who are age 60 and older.

Depending on availability specific services may include:

- ◆ Companion, chore and home maker services.
- ◆ Adult foster care or respite care.

DSS offices also help with:

- ◆ Community-based Care screenings for Medicaid-eligible adults.
- ◆ Assistance with assisted living or nursing facility placements
- ◆ Assessment of assisted living facility residents and applicants
- ◆ Nursing home preadmission Screening.

Financial Assistance

The types of assistance available through DSS include:

- ◆ Disaster assistance
- ◆ Energy assistance (fuel, crisis, cooling, weatherization)
- ◆ Food stamps
- ◆ General relief
- ◆ Medicaid benefits
- ◆ Caregivers grants

Applicants must meet certain general eligibility requirements to receive such services as food stamps, medical or energy assistance.

COUNTY DEPARTMENTS OF SOCIAL SERVICES (continued)

Adult Protective Services (APS)

- ◆ Investigates reports of abuse, neglect, and exploitation of adults aged 60 and over and incapacitated adults over 18 years of age.
- ◆ Provides services when persons are found to be in need of protective services.

To report suspected financial exploitation or other kinds of abuse to the elderly or adults with a disability, call your local DSS or the Virginia DSS 24-hour, toll-free Adult Protective Services hotline at (888) 832-3858.

OTHER SERVICES

AARP Tax Aide Program

Free tax return preparation by trained certified volunteers. Contact AARP Virginia at vaarp@aarp.org or Toll free number 1-866-542-8164

Public Guardianship

A guardian is appointed by the court to make financial and/or medical decisions for an person who is incapacitated. For information or to make referral contact RRCB/AAA at 540-825-3100

INFORMATION & REFERRAL

FIRST CALL FOR HELP 540-825-7569

Information and referral on local programs and services available in the five county region.

First Call for help is part of the VA 2-1-1 system.

SENIORNAVIGATOR www.seniornavigator.org

Free Internet-based system providing health and aging resources for Virginians

VIRGINIA EASY ACCESS www.easyaccess.virginia.gov

Website with resource information for seniors, adults with disabilities, their caregivers and service providers *Virginia Easy Access* is the gateway to the SeniorNavigator database (above) to help people find local services and supports.



This resource is made possible through funding from the Partnerships in Law & Aging Program, a project of the Borchard Foundation Center on Law & Aging and the American Bar Association Commission on Law & Aging.