

Are YOU a care partner caring for a loved one living with dementia at home?

Interested in learning how to effectively manage stress?

Mason CARES

A research study assessing the effect of an evidenced-based virtual education program on care partner stress-management

Join a virtual community of individuals with this shared experience

Participate in a FREE online 9-week evidence-based Stress-Busting Program (SBP) for Family Caregivers™

Continue in the program for one-month following SBP

Receive \$50 and much more for completing the research study

Recruitment is ongoing and our next sessions will start during the week of March 28th

For inquiries, contact us:
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